

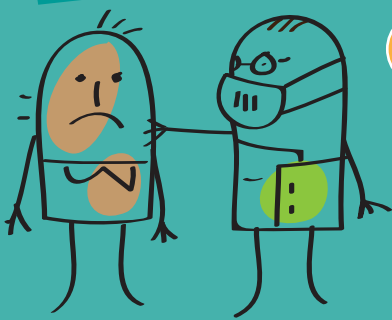
4

AMAQINISO AMANE ABALULEKILE NGESIFO



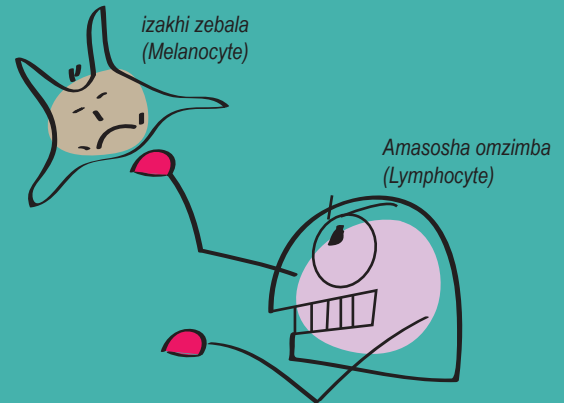
iVITILIGO

iVitiligo isifo sesikhumba esivela ngamabala amhlophe esikumbeni



1 iVitiligo ayithathelani

Ngeke uyithole ngokuthintana nomuntu osenayo



2 iVitiligo enye yezifo lapho umzimba uhlaselana wodwa

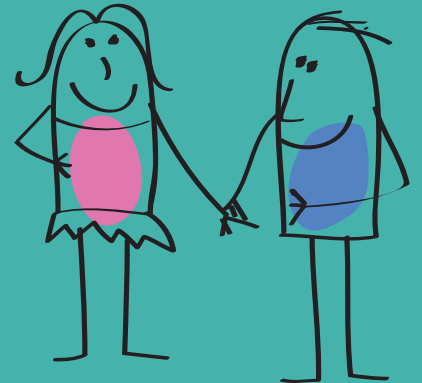
Amasosha omzimba yiwo ahlasela izakhi zebala kuze kuvele amabala amhlophe esikhumbeni

3 iVitiligo iyalapheka

Nakuba kungakaveli ikhambi okuyilonalona lokuqeda ivitiligo nya. Ziningi izindlela zokwelapha kanye nezokudambisa lesisifo. Udokotela angakusiza futhi akucebise ekukhetheni indlela efanele neqondile.

4 Abantu abaphila neVitiligo bayazwela

Ukubabiza ngamagama okuba jivaza kuyabalimaza emoyeni. Kubalulekile ukuba siphathane kahle, sibe nozwelo kwabanye abantu. Akuyona into enzima ukwenzajalo



Lomyalezo uvela kwi Vitiligo Society of South Africa.

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Umtoliki - Dr Nokubonga Khoza

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